



A photograph of a closed book with a textured, light brown cover. The spine is bound with red thread in a traditional East Asian style. The front cover features a large, stylized red flower design with a dark brown center.

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- A 3D diagram of a DNA molecule, likely representing a viral genome. The molecule is shown as a continuous orange line forming a complex, knotted structure. The structure is oriented horizontally, with a central horizontal axis labeled "SPINE". The top and bottom edges of the structure are labeled "TOP" and "BOTTOM" respectively. The molecule is divided into 13 numbered segments (1-13) by small gaps. The segments are arranged in a sequence that suggests a specific topological arrangement, possibly related to the knot theory mentioned in the text. The segments are numbered 1 through 13, with 1 and 13 being the most prominent at the bottom, and 11 and 12 being at the top left. The segments are connected in a way that forms a continuous loop, with some segments crossing over others, creating a complex knot-like structure.

1. Start at the back of the book, on the second to last hole and sew from back to front leaving a 4 inch tail
2. Sew around the spine back through the same direction as in step 1
3. Jump over to the bottom hole (closest to the tail)
4. Sew around the spine and through the same hole
5. Sew around the tail of the book back through to the front
6. Jump back to the hole you started with
7. Sew to the next hole up
8. Sew around the spine
9. Repeat steps 7 and 8 until you get to the top of the book
- 10-11. Sew around the head of the book
- 12-13. Sew back to the original hole and tie a knot as close to the first hole as possible