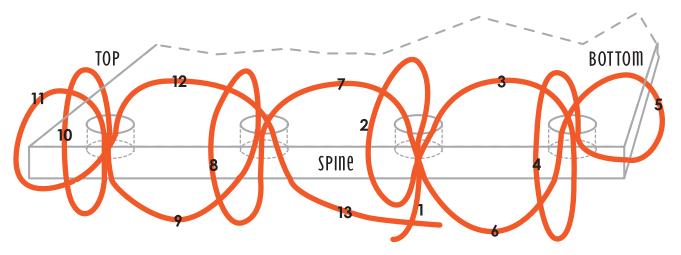


QUICK & MESSY Japanese stab bind

Check out www.melissaesplin.com for more tutorials and downloads.



- Cut single sheets of text paper paper to size
- Cut covers to the same size: covers can be cardstock, leather, vinyl, pretty much anything!
- Line up the paper and secure using clamps or paperclips
- Punch as many or as few holes as you want along the spine side (hole punches can be found at leather supply stores or online at tandyleatherfactory.com)
- Sew with Linen thread, ribbon or cord using the instructions below



- 1. Start at the back of the book, on the second to last hole and sew from back to front leaving a 4 inch tail
- 2. Sew around the spine back through the same direction as in step 1
- 3. Jump over to the bottom hole (closest to the tail)
- 4. Sew around the spine and through the same hole
- 5. Sew around the tail of the book back through to the front

- 6. Jump back to the hole you started with
- 7. Sew to the next hole up
- 8. Sew around the spine
- 9. Repeat steps 7 and 8 until you get to the top of the book
- 10-11. Sew around the head of the book
- 12-13. Sew back to the original hole and tie a knot as close to the first hole as possible