QUICK & MESSY
JAPANESE STAB BIND

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- Cut single sheets of text paper to size
- Cut covers to the same size: covers can be cardstock, leather, vinyl, pretty much anything!
- Line up the paper and secure using clamps or paperclips
- Punch as many or as few holes as you want along the spine side (hole punches can be found at leather supply stores or online at tandyleatherfactory.com)
- Sew with Linen thread, ribbon or cord using the instructions below

1. Start at the back of the book, on the second to last hole and sew from back to front leaving a 4 inch tail
2. Sew around the spine back through the same direction as in step 1
3. Jump over to the bottom hole (closest to the tail)
4. Sew around the spine and through the same hole
5. Sew around the tail of the book back through to the front
6. Jump back to the hole you started with
7. Sew to the next hole up
8. Sew around the spine
9. Repeat steps 7 and 8 until you get to the top of the book
10-11. Sew around the head of the book
12-13. Sew back to the original hole and tie a knot as close to the first hole as possible